



THE SOUTH AFRICAN TASTE SWEDEN
SHARM ZETTERLUND
Tel: 0722822191 sharm@needs.se



Starters menu

- Samosas vegetarian 3pc for 49 kr**
- Mince, Chicken Pies 2pc for 59 kr**
- Chicken, Vegetarian Quiche mini 2pc**
- Meat Balls 8pc for 49 kr/pp**
- Pickled Fish 69 kr/pp**
- Crab Cocktail 79 kr/pp**
- Shrimp Cocktail 99 kr/pp**
- Salmon Cocktail 129 kr/pp**
- Avocado Ritz – only when in Season 109 kr**
- Empanadas 12pc 300 kr**
- Chicken Wings 12pc 200 kr**



Main Courses Curries menu

Chicken curry 179 kr/pp

Lamb Curry 200 kr/pp

Mince meat Curry 179 kr/pp

Butter Chicken Curry 189 kr pp

Spicy Lamb Chops 220 kr/pp

Ahkni – Chicken, Mutton, Vegetarian 199 kr/pp

Butter Beans Curry with Lamb / Beef 200 kr/pp

Breyani – Mutton, Chicken, Fish 200 kr/pp

Dhal (red or Yellow Lentils) curry 165 kr/pp

Prawns Curry 220 kr/pp

All Served with Basmati Rice



Brown Stews (Bredies) menu

Beef and Green Beans (Stew) 189 kr/pp

Beef and Tomato Bredie (Stew) 189 kr/pp

Beef and Cauliflower Bredie (Stew) 189 kr/pp

Beef Irish stew (peas + carrots) 189 kr/pp

**Liver and Onions Served With Mashed
Potatoes 179 kr/pp**

**Oumens Onder Die Kombers -
Braised mince wrapped in cabbage leaves
simmered in sauce 179 kr/pp**



Fish/Seafood menu

Mussel pot 180 kr/pp

Fish Curry 190 kr/pp

Seafood Paella 220 kr/pp

Mackerel Fish (braised Fish
with spicy tomato sauce) **179 kr/pp**

Prawns Curry 225 kr/pp

Grilled Prawns with Honey and Ginger 220 kr/pp



Roasts menu

Oven grilled Salmon fish 300 kr/pp

Grilled Chicken 185 kr/pp

Nandos Fire Chicken 210 kr/pp

Roast Leg of Lamb 265 kr/pp

**All Served With Roasted Potatoes or Sweet
Potatoes**



Vegetarian menu

Roasted oven Vegetables 99 kr/pp

Aloo Ghobi Cauliflour with Fried Potatoes and Peppers 169 kr/pp

Dhal (Lentils Red or Yellow) 179 kr/pp

Potatoes with Lime & Coriander 159 kr/pp

Green Beans with Potatoes and Roasted Sesame Seeds 159 kr/pp

Vegetable fried rice 159 kr/pp

Lentil Soup 179 kr/pp

Peanut Slaw with Noodles 169 kr/pp

Vegetable Lasagne 179 kr/pp



Pies menu

40x32cm size

White Fish Pie 480 kr

Bobotie 580 kr

Chicken Pie 530 kr

Peppered Steak Pie 650 kr

**Cottage pie – (Braised Mince with Vegetables covered)
with Mashed Potatoes 550 kr**



Rice & Breads: portional

Pap 79 kr/pp

Roti 30 kr/pp

Papadoms 20 kr/pp

Naan Bread 40 kr/pp

Savoury Rice 45/kr

Home Baked Bread 40 kr/pp

Saffron Rice with Peas and Corn 70 kr/pp

**Indian Rice – (Braised Rice with
StickCinnamon, Cardamons and Mustard
Seeds) 70 kr/pp**



Braai (BBQ)

per portion

Ribs 200 kr

Fish 200 kr

Seafood 220 kr

Sosaties (meat or Vegetarian) 189 kr/pp

Chicken 79 kr/pp



Grill Catering Platters

Ribs 600 kr

Beef 550 kr

Seafood 750 kr

Chicken 650 kr

Lamb 850 kr

Cold Meats 650 kr

Vegetarian 550 kr

Platters feeds 6 people.



Atjars

(Condiments)

Lemon

Mango

Carrot

Brinjal

Chilli sauce

Chilli chutney

45 kr per proportion



Salads menu

**Chakalaka, Greek Salad, Apple Salad,
Potato Salad, Beetroot Salad, Couscous Salad,
Cucumber Salad, Baked Beans Salad,
Carrot and Pineapple Salad
Tiekie Salad (Onion and Tomato)
Avocado and Mango Salad (only when in Season)
Raita (Plain Yogurt mixed with chilli and
Coriander) Watermelon Salad**

Salads per portion 89 kr



Desserts menu

**Trifle, Koeksisters, Potato Pudding,
Scorched Vermicelli, Strawberry Yogurt Jelly,
Sweet Potatoes in Syrup**

Ice cream with Chocolate Sauce

Cream Puffs (Choux Pastry filled with Fruit
Salad and Cream)

Boeber (Boiled milk with cinnamon,
cardamon, sago and vermicelli)

Chocolate Éclairs (Choux Pastry filled with
Custard Banana and Cream)

All desserts per portion 145 kr



Power Foods / Food Boxes

Breakfast boxes 165 kr

Lunch and Dinner boxes consist of a choice

Chicken or Vegetarian 189 kr/Fish 199 kr

Caution: there may be nuts in all food boxes